

Stephanie Kitt  
20 Ashfield Road  
Urmston  
Manchester  
M41 9AW

## Mutual Working Agreement

### The Counselling Sessions:

Sessions will provide a safe, non-judgemental environment for you to reflect on issues and find a constructive and satisfactory way of dealing with them.

### Frequency of Sessions:

These will usually be weekly and each session will be 50 minutes. The number of sessions is negotiable, dependent on your needs. After 7 sessions, we will review work done and make plans for further counselling if required.

Payment: Each session is £50 for an Individual and £60 per couple.

### Cancellations:

If you need to cancel or re arrange a session, then you should contact me as soon as possible. **If less than 48 hours notice is given then full payment will be required.**

### Confidentiality:

The contents of our sessions will usually be confidential, any information I have will be destroyed at the end of our work together. If it is felt that you are in danger of harming yourself or another person or breaking the law this information may be disclosed to others,

If I/Stephanie see you outside of the therapeutic relationship, I will not acknowledge you unless you instigate this yourself. The reason for this is to protect your privacy.

**\_Client(s) signature:**

Date:

Print name(s) :

Date of birth:

Home address:

Doctors name and No:

Contact number:

Email address:

**Stephanie Kitt:** Signature:

Date:

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